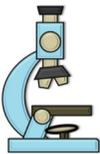


# School for Dogs & Their People

## Yeah! Spring is (Almost) Here!

For those of us cooped up recently with wet furry dogs (and cats) eager for sunshine, we can't wait for the flowers to bloom and our beloved piney woods walks to return. In the meantime, one way that Tinker and I have been entertaining ourselves inside is through scent work aka Nosework games. Playing hide-and-seek with scent articles (Tinker stays in another room while I hide the item, then is released to search for it--she's very good at finding it, too!) is a great indoor game that taps into a large but often neglected part of the dog's brain: their olfactory system. Which leads us to...



### Research Corner

The latest hot research news going the rounds is a study by Charlotte Duranton and Alexandra Horowitz of Horowitz Dog Cognition Lab. To no one's real surprise, their study suggests that allowing dogs to sniff increases their optimism. Apparently **optimism** is a cognitive bias that can be measured in animals, and dogs who get to use their noses more are inclined to take a sunnier view of life, which is good for them and likely for those of us who live with them. For a most excellent discussion on the importance of sniffing for dogs, no one can beat the always excellent Patricia McConnell, who offers some nifty games you can play with your own dog in her wonderful blog at <https://www.patriciamccconnell.com/theotherendoftheleash/scent-games>

*Duranton, C., & Horowitz, A. (2018). Let me sniff! Nosework induces positive judgment bias in pet dogs. Applied Animal Behaviour Science.*

### Recipe: Tuna "Fudge"

As many of you know, I like to use Really Good Treats when I train. I also like to control the ingredients--and save money while I'm at it! So here's one of my all-time favorite recipes for yummy treats that you can easily make at home:

- 3 cups flour (I prefer brown rice flour)
- 4 eggs
- 20-24 oz of canned tuna in water, use the water, too

Mix ingredients in a bowl like brownie batter, spread on a greased cookie sheet and bake at 350 for 30-40 minutes. Then dice it into little cubes and let the training good times roll! (Keep refrigerated between sessions.)

I've also used canned salmon, thrown in canned sardines, and sprinkled the top with parmesan or grated Romano cheese for variety.



*A Lecture for Humans who love & live with dogs.*

**Food for Dogs: Finding Clarity in Confusion & Controversy**

Thursday, March. 28, 2019  
from 6:30 - 8 pm  
Cost: \$10 at the door

Commercial, homemade, grain-free, raw. Stories of contamination, recalls and dietary deficiencies that cause heart disease in the headlines. The simple act of feeding our beloved dogs has started to feel more and more complicated, if not downright dangerous. We all want to do the best for our pets, but how?

In this entertaining and informative talk, we'll open up the can of worms that is dog food. How much is marketing? How much is hype? What really matters, and what really doesn't--and where should we turn for the best information? And what's the #1 mistake that most of us make when feeding our dogs that might be compromising their health--the one your vet may not want to tell you about?

**Come join us!**

*Note: this is a seminar for HUMANS only!  
Please leave dogs at home (service dogs excepted)*

*Seating is limited, so please RSVP to  
clickercoach@snowcrest.net*

### Upcoming Talk!

### Upcoming Classes

#### Puppy 2: The Next Level

*Pups who have completed Puppy 1*  
5 Mondays at 6 pm  
Beginning March 11th

#### Puppy Manners 1

*Pups 12 wks - 6 months*  
5 Tuesdays at 6 pm  
Beginning March 19th

Need more information about classes or events? Visit my website at:

[www.clickercoachdogtraining.com](http://www.clickercoachdogtraining.com)