

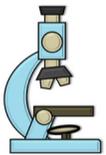
## School for Dogs & Their People

### Yeah! My first Newsletter!

I hope everyone has stayed safe and warm during our latest storms. Snow Days do have their advantages, like giving us time to catch up on indoor projects--like this newsletter. I hope to send it out monthly to let folks know about upcoming classes and events, provide a few training tips, and some links to cool resources.

**You, your dogs and your success together are important to me.**

If there's something you'd like to know, questions you'd like answered or resources you need, let me know!



### Research Corner

I've mentioned it in classes before--the research into the connections between gut biomes (the critters that live in our digestive tracts) and brain health (neurotransmitter levels and so forth) in humans is both fascinating and compelling. Now, they've started looking into it in dogs and dog behavior, and one of the first studies suggests that there are indeed links between healthy intestinal fauna and flora and healthy behavior in dogs, too. It's still very early in the research game to say, but I'm very excited about the future potential!

Source: <https://peerj.com/articles/6103.pdf>

### Upcoming Classes

#### Puppy Manners 1

*Pups 12 wks - 6 months*

5 Thursdays at 6 pm

Beginning Feb. 21st

#### Basic Manners for Adolescent Dogs

*For ages 6 months - 1 year*

5 Tuesdays at 6 pm

Beginning March 5th

#### Puppy 2: The Next Level

*Pups who have completed Puppy 1*

5 Mondays at 6 pm

Beginning March 11th

### Good Reads, Good Resources

One of the great questions all dog owners face is--what should you feed your dogs? Trying to separate the truth from the hype and advertising isn't that simple. Fortunately, there a lovely book on exactly that subject:

#### **Dog Food Logic**

by Linda P. Case

Case covers the topic in detail both scientifically sound and entertaining. She also has a wonderful blog that brings her wit and science background to many things dog:

<https://thesciencedog.com/>

*A Lecture for Humans who love & live with dogs.*



### Safer Kids/Safer Dogs

**Tuesday, Feb. 19, 2019**

**from 6:30 - 8 pm**

**Cost: \$10 at the door**

Every year, millions of children are bitten by dogs. And by far, they are bitten not by strange dogs or roaming strays, but by the family pet, by dogs belonging to friends, relatives or neighbors--by the dogs they know.

In this informative talk, we'll look at why things can go so very wrong, what the children "see," what the dogs "see," and what adults can easily miss. We'll consider the common warning signs, what we can realistically expect from children of different ages and how and when to intervene--before there's an unfortunate event. Come join us!

*Note: this is a seminar for HUMANS only!  
Please leave dogs at home (service dogs excepted)*

*Seating is limited, so please RSVP to  
clickercoach@snowcrest.net*

**Upcoming Talk!**

Need more information about classes or events? Visit my website at:

[www.clickercoachdogtraining.com](http://www.clickercoachdogtraining.com)